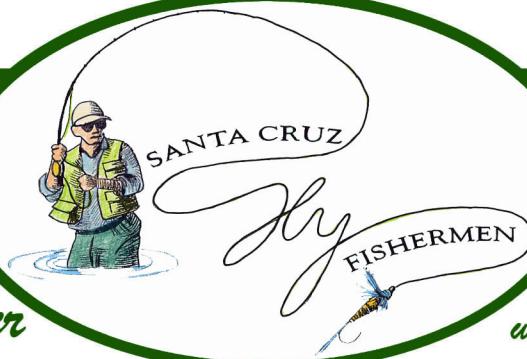


**Santa Cruz
Fly Fishermen**
est. 1977



*to promote, educate
and enjoy the sport
of fly fishing*

www.santacruzflyfishermen.org

Monthly Newsletter

MARCH

2016

CLUB MEETING

Date: Wednesday, March 2nd
Time: Open – 6:45 PM
Meeting – 7:00 PM
Place: Aptos Grange, 2555 Mar Vista Dr., Aptos

Pyramid Lake
Guest Speaker: Doug Ouellette



Pyramid Lake Guide Service is a complete fly fishing guide service for Pyramid Lake, Nevada. The guides have more experience fly fishing Pyramid than any other fly fishing guide service. Some of them have been fishing the lake for over 40 years.

As the 2016-2017 season approaches, we are looking forward to another stellar year. Last season was absolutely awesome with several double-digit fish caught. Pyramid Lake Guide Service is the most experienced fly fishers' guiding Pyramid Lake with over 40 years of "real time" fly fishing on Pyramid.

With the club's Pyramid Lake fishout coming up soon, the timing of this presentation couldn't be better, so bring your notepad and be prepared to stock up on good information and tactics for fishing this trophy Lahontan cutthroat trout lake.

Bait for Thought

Better Left Alone

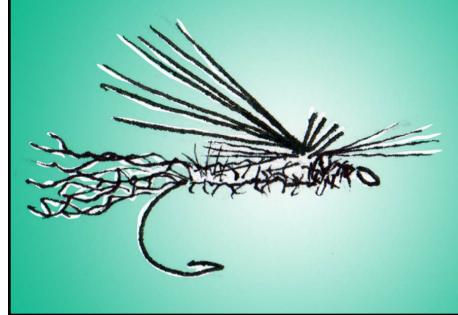
Somebody just back of you while you are fishing is as bad as someone looking over your shoulder while you write a letter to your girl.-Ernest Hemingway



FLY TYING CLASS

Date: Wednesday, March 9th
Time: Open - 6:45 p.m.
Class - 7:00 p.m.
Place: Aptos Grange Hall, 2555 Mar Vista Dr, Aptos

The EC Caddis
Instructor: Elaine Cook



Here's a great emerging Caddis pattern. It's a little challenging to tie, but beginners shouldn't be reluctant to participate. Please sign up at the club meeting or by calling Elaine at 688-1561. Bring vise, tools and light. (Some available for beginners). Also bring olive 8/0 or 6/0 thread; if you don't have any or cannot get any, some will be available for you. If unable to attend after signing up, notice of cancellations is appreciated.

All materials other than thread will be provided. We love to have beginners and provide lots of instruction.

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President's Line

Significant Developments
By President Jim Black



In the February Newsletter, there is an article about the Fish Matchmaker, Dr. Juan Carlos Garza, which I had also happened to read from a NOAA article. The effort involved is significant and shows the level of support the salmon are receiving. The reference to the Article by Matt Richteljan is interesting and Dr. Garza is located at UCSC, and makes the final decision for the mating of the salmon for some 11 state hatcheries.

Speaking of Salmon: There have been and are expanding and continuing salmon-raising projects in the flooded rice fields of the Central Valley. The initial results are quite encouraging in that the smolts grow faster and stronger when retained in the fields before releasing into the streams and rivers for their journey to the ocean.

The approach and the programs appear to be a win-win for the salmon, the rice farmers, the Pacific Flyway and the environment and environmentalists as well. There are articles available online through Google Search such as "The Sushi Project: Farming Fish and Rice in California's Fields." It is both interesting reading and very encouraging. Also interesting is the "Government Permit Process" described much as Barry Burt discussed in our last meeting. I encourage you to research and read some of the articles.

On yet another matter: Where or when is El Niño?? and where is the State of California's 25 year water use detailed plan??? Last minute crisis management is no way to manage such a critical issue in my opinion, and is way past time to effectively plan for California's cycle of droughts and El Niños, in my opinion.

Reel News

* Special Discount from Eric Brebner at Tsuniah Lake Lodge, British Columbia

Nestled in the pristine Chilcotin Coastal Mountains lies a family-run resort unlike any you have visited before. An easy one-hour flight north of Vancouver puts you safely down at the lodge on beautiful Tsuniah Lake. The Lodge has been owned and operated by the Brebner family since 1950. It offers the adventurous traveler an opportunity to experience one of the last true wilderness areas of British Columbia. Wildlife viewing, great fishing and welcoming hospitality await you at this historic resort that is guaranteed to relax, recharge and rejuvenate. For a unique, affordable family-friendly vacation, Tsuniah Lake Lodge won't disappoint. Check it out at www.tsuniahlakelodge.com, or contact Eric Brebner at t.lakelodge@gmail.com.

2 Santa Cruz Fly Fishermen

MONTHLY RAFFLE

March Monthly Raffle
By Raffle Director George Pike



Test your luck o' the Irish and buy some raffle tickets. You might not find the pot of gold at the end of the rainbow, but you could win one or more of the following prizes:

1. Temple Fork Outfitters 2 piece 9 foot 10 weight rod w/sleeve
2. RLS+ fly reel Model 4
3. Hackle
4. Sun guard, 2-in 1 rod and lure guard

MEMBERSHIP NOTES

Name Tags and Rosters
By Membership Director Jim Black

We continue to receive membership forms, which is much appreciated. Additionally if you do not intend to renew, it would be helpful if you just emailed me. If you would like a name tag, please send me an email soonest. I have a list already and will be ordering name tags now. Also please let me know if you would like a 2016 Membership Roster.

Cast of Thousands

Found:

Apron, blue with lots of flowers, left behind at FunDraiser.
Call Elaine at 688-1561



For Sale:

Firewood! Just in time for cold weather.

Pablo Grabiel, one of our club members, has some cut, split, stacked and seasoned firewood that he needs to sell. The wood comes from his home in the Mystery Spot area. You can arrange to pick it up or have it delivered. He is selling it by the trunk, van, or pick-up load. A 6' pick-up bed would be \$100.00, and 8' bed \$140.00. Please call 562-652-3771 and introduce yourself as a fellow fishing club member, we can arrange the pick-up date and time and I will help you load it onto your vehicle, one way we can get to know each other. A small fee is added for deliveries, I have a pick-up with a 6' bed, more than 1/3 of a cord. A 10% donation will be made in the spring to the Western Rivers Conservancy or CalTrout of all proceeds from wood sold to club members.

2016 Board of Directors

Officers

President	Jim Black	688-8174
Vice President	Milana Rawson	583-9370
Treasurer	Jim Tolonen	475-8859
Secretary	Roy Gunter	809-0316

Committee Heads

Raffle Coordinator	George Pike	423-2956
Membership	Jim Black	688-8174
Fishouts	John Cook	688-1561
Programs	Dennis Davie	427-2626
Conservation	Pablo Grabiel	562-652-3771
News Editor	Barry Burt	688-0187
Webmaster	Kirk Mathew	724-6811
Fly Tying Master	Pat Steele	476-0648
Annual Raffle	Elaine Cook	688-1561
Annual Benefit Coordinator	George Pike	423-2956
Facilities Coordinator	John Steele	476-0648
Video Librarian	Petar Ilic	475-0268
	Steven Rawson	583-9370
	Mike DiCiano	688-1682

Members at Large

Kathy Powers 728-4130 Steve Rudzinski 462-4532

Board Meeting: The board meeting is usually held on the third Wednesday of the month at the home of John and Pat Steele, 331 Cabrillo Ave., Santa Cruz, at 7 PM. Club members will be notified of any changes of meeting dates and locations. Club members are all welcome and need to submit any agenda items to the President ahead of time

News: Members are encouraged to contribute news items. Submit copy to the editor, Kirk Mathew, 724-5611, k4mathew@sbcglobal.net. Please see calendar for the deadline each month.



Fishout Schedule

2016

Date	Location	Target Species	Fishmaster
Mar. 11-13	Goodwin Lake	Trout	Roy Gunter - (831) 809-0316
Mar. 20-26	Pyramid Lake	Lahontan Cutthroat Trout	Harry Petrakis - (831) 419-4245
April 10-SUNDAY	Rio Del Mar Beach	Surf Fishout	Sam Bishop - (831) 476-6451
April 29-May 1	Roostercomb Ranch	Bass	Cecilia Stipes - (831) 335-5727
May 7	Manresa Beach	Surf Fishout	Sam Bishop - (831) 476-6451
May 15	Quail Hollow Ranch	Fly Fishing 101-Public Ed. Day	Steve Rawson-(831) 583-9370
TBA	Sierra backpacking	Trout	Dennis Davie - (831) 566-7447
June 9	Palm Beach	Surf Fishout	Sam Bishop - (831) 476-6451
July 9	Rio Del Mar Beach	Surf Fishout	Sam Bishop - (831) 476-6451
July 9-15	Green River. UT	Trout	John Steele - (831) 476-0648
July 22-26	Loreto Baja Sur	Dorado, saltwater species	Rich Huggett - (831) 757-5709
Aug. 6	Manresa Beach	Surf Fishout	Sam Bishop - (831) 476-6451
Sept. 10	Palm Beach	Surf Fishout	Sam Bishop - (831) 476-6451
TBA	O'Neill Forebay	Striped bass	Jim Hall - (831) 713-6835
Sept. 24-Oct. 1	Mammoth Lakes-wk.1	Trout	John Cook - (831) 688-1561
Oct 1-Oct. 8	Mammoth Lakes-wk.2	Trout	John Cook - (831) 688-1561
Oct. 8.	Rio Del Mar Beach	Surf Fishout	Sam Bishop - (831) 476-6451

* Some dates are tentative. You must be a paid-up member of Santa Cruz Fly Fishermen to participate in these fishouts. For more information and to sign up for outings, contact the fishmasters, look for handouts at the club meetings and write ups in the newsletter. Some fishouts require advanced planning and payment. Please don't ask fishmasters for refunds if you have signed up, paid, and later find out you are unable to attend the fishout. Fees paid ahead are not refundable, unless someone else takes your place.

They Work for You

Secretary of the Interior Ken Salazar

Department of the Interior
Washington, D.C. 20240
<http://www.doi.gov/index.html>

Senator Dianne Feinstein

1 Post St., #2450; <http://feinstein.senate.gov/public>
San Francisco, CA 94104

Senator Barbara Boxer

1700 Montgomery St., #204; boxer@senate.gov
San Francisco, CA 94111

Anna Eschoo, 14th District Congresswoman

698 Emerson St.; annagram@mail.house.gov
Palo Alto, CA 94301 (650) 323-2984

Sam Farr, 17th District U.S. Representative

1216 Longworth Blvd.; samfarr@hr.house.gov
Washington, D.C. 20515 - (202) 255-2861 or 429-1976

Governor Jerry Brown

Capitol Bldg., 1st Floor
Sacramento, CA 95814-<http://gov.ca.gov/home.php>

Mike Honda, 15th District Congressman

1999 S. Bascom Ave., Suite 815, Campbell, CA 95008
(408) 558-8085; FAX (408) 558-8086
<http://honda.house.gov>

Senator Bill Monning

701 Ocean St., #318-A, Santa Cruz, CA 95060
(831) 425-0401; <http://sd17.senate.ca.gov>

Catchy Releases

CDFW Moves Rescued Fish Back into Merced River

By California Department of Fish and Wildlife, www.wildlife.ca.gov

The California Department of Fish and Wildlife (CDFW) on Friday plans to release approximately 600 rainbow trout that were rescued from the lower Merced River a year and a half ago.

In the summer of 2014, water flowing from Lake McClure was too warm for these fish in the Merced River to survive and emergency action was taken to rescue 60 adult rainbow trout from the river between Crocker-Huffman Dam and the Snelling Road Bridge in Merced County.

"As a general rule, CDFW does not normally rescue fish unless they are a threatened or endangered species," said Greg Kollenborn, CDFW Senior Hatchery Manager. "In this case, the drought forced us to take action to preserve an important species in Central California."

The fish were transferred to CDFW's Merced River Fish



Hatchery near Snelling and housed in temperature-controlled fish-rearing tanks that were purchased with emergency drought funds made available by the Legislature and Governor. Keeping the fish in these tanks was also a precautionary measure to prevent the spread of disease to fish in the hatchery.

CDFW originally intended to release the fish in the winter of 2014 but the ongoing drought and high water temperatures forced a delay of the release. The fish remained in the hatchery for an extra year, where they spawned and produced hundreds of offspring.

"In 18 months we went from 60 to 600 fish," said Kollenborn. "Releasing them now will give local anglers a great opportunity to catch some nice fish this summer."

Once the fish are released, CDFW scientists will monitor and survey the river to monitor the health of the trout populations.

Invasive Mudsnailed Detected in Lower Feather River; Anglers and Boaters Urged to Help Prevent Spread February 12, 2016

The California Department of Fish and Wildlife (CDFW) has confirmed the presence of New Zealand mudsnails in the low-flow section of the Feather River in Butte County, and is asking recreational users of the river to clean, drain and dry fishing and recreational gear and watercraft in order to help prevent the spread of these invasive snails.

New Zealand mudsnails are tiny, aquatic snails that reach, on average, up to 4-6 millimeters long. Dense populations of New Zealand mudsnails can displace and outcompete native species, sometimes by consuming up to half the food resources in the waterway. The snails have been linked to reduced populations of aquatic insects, including mayflies, caddisflies, chironomids, and other insects upon which trout and salmon populations depend.

Boaters, anglers and others who may visit the Feather River are asked to decontaminate equipment and follow the clean, drain and dry directive with all equipment used in the river.

If you wade, freeze waders and other gear overnight (at least six hours).

After leaving the water, inspect waders, boots, float tubes, boats and trailers or any gear used in the water. Remove any visible snails with a stiff brush and follow with rinsing. If possible, freeze or completely dry out any wet gear.



Chronicle/Paul Chinn

Never transport live fish or other aquatic plants or animals from one water to another.

CDFW biologists are in the process of conducting additional sampling in adjacent waterbodies around and connected to the Feather River, including Lake Oroville, its Forebay and Afterbay, and the Yuba River in order to better define the geologic range of this new population. Target sampling areas will include high traffic areas, boat launches, access points, and side channels.

To date, the snails have not been identified at the Feather River Hatchery, but CDFW is setting up decontamination procedures for the hatchery as a precaution. Decontamination procedures are currently being implemented by field crews working on the Feather River and surrounding waterbodies.

In the coming weeks, CDFW will implement public outreach and education efforts, including information cards, brochures and signage posted within and outside of the hatchery facility, bait shops and boat launches along the Feather River and at various access points and wildlife areas.

Media Contacts:

Colin Purdy, CDFW North Central Region – (916) 358-2943
Kirsten Macintyre, CDFW Communications – (916) 804-1714

Help California Department of Fish and Wildlife Conduct a Steelhead Volunteer Survey on the Lower Yuba River

California Department of Fish and Wildlife and the Yuba River Management Team are conducting a survey to count steelhead redds (spawning beds) on the Lower Yuba River. They need volunteers! This survey is imperative for future management decisions for steelhead that are going to take place on the Yuba

River. If you are interested in volunteering, please email Duane Massa: SMassa@psmfc.org. As a volunteer you will be trained by agency biologists to properly identify steelhead redds and called out on specific dates to conduct the survey. Thank you for being a part of this important project!

GEARING UP

Only One Fishout for Goodwin Lake in 2016 Remains- Mar. 11-13th *Fishmaster: Roy Gunter – 831-809-0316*

There must be a minimum of 5 participants for each fishout and the maximum is 8 participants. Participants are invited to the property at first light on Friday and can fish through Sun at 2 pm. Participation is on a first come basis conditioned upon receipt of prior payment of \$100 for the weekend; no refunds unless minimum participation not achieved, but you can substitute someone if you cannot go.

Signups should contact Roy Gunter at the address below or email at rgunteriii@yahoo.com or telephone at 831-809-0316. I will

provide Saturday dinner on a BYOB basis; all other meals and beverages are to be participant provided. There is not vehicle access to the water, so whatever you can drag down and back up again to the parking area you can use, but no gasoline motors. For those of you that do not have floating craft, I have available a fishing boat with trolling motor, 2 kayaks, a canoe and 2 pontoon kick boats with oars and a transom if you have a battery and electric motor.

Roy Gunter, 580 Calle Principal, Ste. 2, Monterey, CA 9394

Green River Fishout - *Fishmaster: John Steele – 476-0648*

The Green River Fishout is scheduled for July 9th through July 15th in 2016. This river is a tailwater of the Flaming Gorge Reservoir Dam, situated in the northeast corner of Utah. It carves its way through a spectacular red rock canyon, and is the home of a healthy number of large brown and rainbow trout. It is rare to catch one under 16 inches, and not uncommon to catch several over 20 inches. You can walk a well-maintained trail along the river and bank fish, and/or book a guide to drift the river. The Trout Creek Flies and On The Fly guides are all very competent, excellent teachers, and provide all your terminal tackle, plus a delicious riverside lunch.

Roostercomb Ranch Fishout - April 29, 30 and May 1, 2016

This year we expect El Nino will fill the bass ponds at the Roostercomb Ranch to our satisfaction. This 3-day, 2-night trip will again begin early on Friday morning (April 29) meeting at Casa de Fruta in Hollister. Nine bass ponds on this 5,800-acre ranch offer us a variety of locations for float tubing and fishing from shore. Due to the rugged dirt roads, transportation via 4-WD vehicles is required; but arrangements can be made for those without 4-WD to ride with someone. Housing is available: bunk house and ranch house, or

1, 2016-*Fishmaster: Cecilia Stipes - (831) 335-5727*

you can camp. Meals: groups will be organized for breakfast and dinner meals only. Lunches, snacks and beverages are individuals' responsibilities. Limited to 16 fishers for this trip with a minimum of 10 persons fishing or not. The cost is \$250 per person over the age of 13. Phone me on Wed., February 3rd at 7:00 P.M. to enter your name on the list. Your confirmation is not complete until I receive your check. Checks payable to: Cecilia Stipes Address: 328 Capelli Drive, Felton, CA 95018.

Loreto Fly Fishing Trip- July 2016 - *Fishmaster: Rich Huggett 831-757-5709*

Experience a new HIGH! Fish for Dorado, and many other saltwater fish, including bonito, roosterfish, yellowtail, and sailfish, on a fly! Join the group going to Loreto in Baja from Friday, July 22nd through Tuesday, July 26th. This trip includes:

- * Four nights at the new Hotel La Mision, on the waterfront, next to the Loreto Harbor
- * Three days of fishing on 22-foot Super Pangas
- * Ground transfers and fishing licenses

It does not include meals, because there are some nice restaurants (a lot of fresh seafood!) in town, or if you prefer, eat at the hotel, where they will also cook your catch.

The cost for everything but meals and airfare is \$730.00 per person (double occupancy).

Oct. 1st-8th - *Fishmaster: John Cook - 688-1561*

This fishout will take place over two consecutive one-week periods, Sept. 24th through Oct. 1st, and Oct. 1st-8th. You may sign up for one of these two periods, or both.

Location: Mammoth Lakes is on the eastern side of the Sierras, six to seven hours' drive from Santa Cruz. There are many lakes and streams in the area for us to fish. We will be staying in condominiums in the town of Mammoth Lakes.

Cost: \$310 per person per week. This covers seven nights' lodging with three meals per day. Sign up for either week, for \$310, or both weeks for \$620.

Meal Preparation: Each person will be assigned to a group for a Kitchen Day. The group will set out breakfast and lunch foods, store unused food, prepare the evening meal, and clean up on the day designated.

Sign Up: Starting February 1st through April 30th the first people

The fishing day starts around 6:00 AM and we usually get back to the harbor between 1:30 and 2:00 PM. Spend the rest of the afternoon fishing from the beach, having a cool drink in the pool, exploring Loreto, or just sitting around telling some tall fish stories. And, you will have many exciting moments on the Sea of Cortez to talk about.

Rich Huggett will meet with those going prior to the trip to discuss which rods, reels and flies to bring, the various types of fish in the Loreto area, and to answer questions.

Interested? Please contact Rich Huggett, 831-757-5709, for all the details. We will need to book airline flights*, rooms and pangas as soon as possible.

* Southwest Airlines from San Jose and Alaska Airlines from Los Angeles to Loreto.

who send me their money will get first shot at a spot. When you send me the money state which week you want. You can send on money for as many people as you want. Money is not refundable unless I can't get enough sign ups to financially make it work. I will let everybody know after April 30th. Make plans with friends to secure a spot for each of you. I must receive your money before April 30th. Mail your check, made out to John Cook, to P.O. Box 2822, Aptos, CA 95001-2822.

The fishmaster will maintain a waiting list for each week. If space for you becomes available by May 1st, you will be notified by telephone. **Don't miss out. Since there is no call-in date, plan your trip soon, sign up and send your check to John!**
Unused Funds: Any funds received but not spent on the fishout will be used for prizes for our annual fund raiser.

Fishy Tales

Early Bassin'
By Barry Burt

Normally I don't even start thinking about bass fishing 'til at least after steelhead season closes but when you experience a weather pattern like we just had this February, you got to wonder if after a week of 70 - 80 degree days just maybe some of the more eager members of the finny tribe may have gotten the urge to make an early appearance on the spawning grounds or at least start to stage off of the drop offs. Knowing that a storm front was coming in on Wednesday, I hit one of our local bass ponds about mid-day on Tuesday. The nice thing about wintertime bass fishing is you never want to begin your day at the crack of dawn. It's always advantageous to let the lake warm up to its optimum temperature for the day before plying its waters. Believe it or not that usually takes place around three in the afternoon. The only limiting factor at this time could be the wind and although the wind helps significantly to mix the warmer surface waters, it can be a pain in the butt when trying to hold position in your float tube and make that perfect presentation into some of those tight tule pockets that you know just have to be holding a big bass.

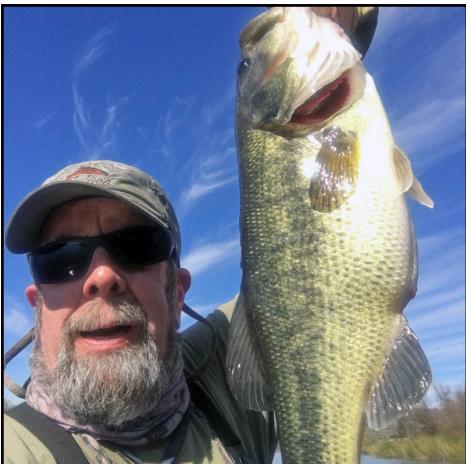
When I kicked out in my tube, I could instantly tell that the water was not the usual bath tub temperature I was used to fishing most of the time for bass. I turned on my depth finder to check the temp only to find my batteries were dead so this trip I would have to rely more on instinct than electronics but I can

tell you right now the lake felt more like the San Lorenzo than my favorite bass pond. Thank God I wore my long johns and my neoprene socks under my waders. I was guessing that the water temperature was somewhere in the mid to high 50's which meant that presentations were going to have to be slow and precise. Fish in this temperature of water were not going to chase a fly a long way. More than likely you would have to put it right on their nose to get a take. I did however bring a stripping rod with a sinking line just in case they were staging off shore along the drop offs which would be a little harder to determine without the help of my depth finder.

The plan was to work into the back of the coves throwing a heavily weighted fly on a floating line and a long leader and get it as close to the bank as possible. I would then switch to the stripping rod with a baitfish pattern and back away from the shoreline and cover the outside edge for the possible stagers. The back of the coves, being shallower and having a darker bottom, can be a degree or two warmer than the rest of the lake and sometimes will attract the early spawners. Not so this day. After an

hour of kickin' and pitchin', not a bump. I was just reaching the mouth of the cove, which empties out into the main body of the lake and is bordered by a nice little point, when I noticed that the wind had kicked up quite a bit on the main lake. This made casting into the tight pockets a bit of an issue, especially for a hack like me. After missing this dark little tule cave twice, I finally pitched my Barry bugger right on the money and as soon as it hit the water the line tightened up and we were off to the races. The fish put up a great show and when I finally lipped it and pulled it up on to my apron it measured a healthy 18". It was definitely a gravid female, probably close to 4 lbs, with a distended belly and a swollen vent, which proved that there were, in fact, some early spawners that were willing to play despite the chilly temperatures. After taking a couple of pictures and releasing the fish, I kicked down the shoreline another twenty feet and tossed my fly into another dark hole on a willow break. This time I had stripped the fly out a couple of feet off shore when I felt the familiar thunk and I was into the second fish of the day. Unfortunately this one didn't stick and as the fish got close to my tube it came unbuttoned. I decided to follow this shoreline down the line rather than kick across the lake to the only other wind-swept point. It paid off big time. I landed a 20" 5 pounder and a 22" 6 pound female and two more 4 pound bass and another long line release before I decided to pull the plug because of the ever increasing wind.

The take-away from all of this is, if you're interested in hooking bass on a fly rod, there are plenty of opportunities right here in town and the action is definitely temperature related. The next time you experience a nice stretch of warm weather, you might want to think about grabbing your rod and hitting some of the many local bass ponds such as Antonelli's, Swan Lake, Pinto, Kelly and even Loch Lomond when it opens. Give it a try. You may be pleasantly surprised at the results.



LifeLines

Can your Waders Kill You?

From Fly Rod & Reel-November 2006-by Ted Leeson

This past June a tragedy occurred on New York's Beaverkill River when a fly fisherman drowned in the famous--and very deep--Junction Pool. News reports said the fact that the man was wearing unbelted chest waders played a large role in his death. In fact, one of them quoted a local official as saying that when waders fill with water, "it's like wearing an anchor."

However, I clearly remember reading that the late Lee Wulff once jumped off a bridge wearing waders in order to disprove the "anchor" theory. And I've also heard that wearing a wading belt can be dangerous because it can trap air in your waders, and if you fall in, those air-filled waders will act like a balloon to float your legs and submerge your head. What's the truth? Will water-filled waders drag me under, or not? And is a wading belt more likely to save my life, or kill me?

Good questions, since the misperceptions behind them have had an astonishing longevity. First, water-filled waders won't drag you to the bottom, much less "like an anchor." The water inside your waders has the same density as the water outside; it doesn't magically get heavier and pull you under. From the standpoint of buoyancy, it's neutral, not negative.

But, as I can attest from personal experience, there is certainly an "anchor sensation," a feeling of sinking in swamped waders. The combined weight, bulk and water resistance of filled waders, boots, vest and clothing drastically decreases your mobility. The simple arm and leg movements that would normally help you keep your head above the surface (treading water, for instance) become less effective and more tiring. Throw in some water turbulence, waves washing over your head, exhaustion and a little panic, and you can feel as though you're going down,

especially if you're of a body type that doesn't float very well to begin with. But your waders aren't dragging you under.

A river with severe hydraulics--i.e. whitewater, is a different story, however. Water plunging over boulders or ledges actually has a downward component to its velocity. Were you to fall in and be drawn over, say, even a low dam or weir, the current at the bottom of the drop could easily force you under water

and hold you there long enough to drown. And if the water is highly aerated with bubbles, it's less dense than ordinary water, less "solid" to push against with your arms and legs. Swimming motions are less effective in helping you escape. But this, of course, is being pushed under, not pulled by the weight of your waders.

Second, under any conceivably realistic wading circumstances, air doesn't get trapped in your waders if you fall in. As you step into a river, water pressure collapses the waders against your legs, squeezing out the air. The deeper you wade, the less air is contained inside. I suppose if you inflated your waders, cinched a belt tightly around your waist, and deliberately took a header off a bridge, you might trap some air inside. But even then, I strongly doubt it would be enough to actually invert you. And if it did, most people would probably think you got what you deserved.

There's no question in my mind that a wading belt increases safety. If you fall in, a belt slows water entry into your waders, which can give you time to regain your footing before your waders fill up, turning a potentially dangerous situation into a merely uncomfortable one. A belt also helps corral excess wader fabric, which reduces the amount of water that can enter your waders and streamlines your profile--both of which aid mobility if you find yourself in the drink.



FLY OF THE MONTH

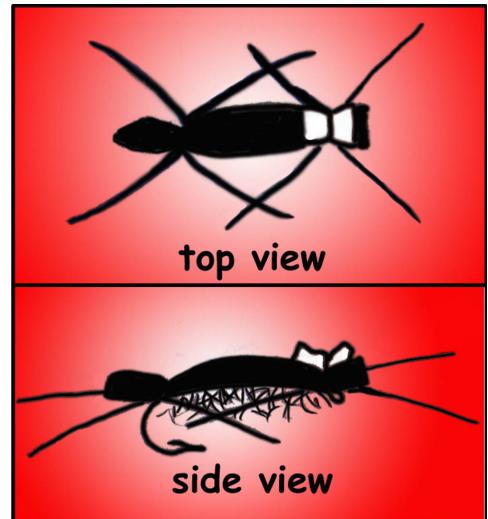
Boomer's Ant

Submitted by Elaine Cook

*One of the guides on the Green River (Carl "Boomer" Stout), whom the club has used for years, designed this fly.
And oh my, does it work!*

Hook:	TMC 5263, size 8
Thread:	Black 6/0.
Overbody:	2-mm black closed cell foam. (Beverly's Fabric on 41 st Ave. stocks this)
Underbody:	Jay Fair's black short shuck.
Legs:	Black Life Flex. (Hareline dubbing product)
Post:	Bright green 2-mm closed cell foam.

1. Crimp barb.
2. Attach thread behind eye. Wrap to rear of shank with touching wraps.
3. Cut strip of foam 3/16" wide.
4. Dab small amount of Super-Glue to thread wraps at rear of shank. Before it dries, place foam on top of shank with point extending 3/8" beyond rear of shank. Tie in place squeezing foam with multiple wraps on top of each other.
5. Lift forward foam, tie in shuck. Advance thread to one hook eye behind eye. Wrap shuck forward to thread in touching wraps. Stroke fibers back with each wrap to avoid matting down shuck fibers. Tie off, cut excess.
6. Apply small amount of Super-Glue to those thread wraps. Before it dries, pull foam forward. Tie in place with multiple snug wraps.
7. Tie off, cut thread. Cut forward foam to 3/16" long.
8. Cut one strand of Life Flex in half, then in half again. Each segment will be about 1 1/2" long.
9. Attach thread at rear thread wraps. Tie in center of one leg segment on far side, then one on the near side. Tie off, cut thread.
10. Repeat #8 at front thread wraps.
11. Cut a foam post 3/16" square. Apply small amount of Super-Glue to thread wraps that tied in legs. Before the glue dries, tie center of post to top of forward thread wraps with multiple wraps to squeeze foam. Tie off under foam behind hook eye. Cut thread.



RECIPE OF THE MONTH

Italian-Flavored Bass

From America's Favorite Fish Recipes

3/4 pound bass, or substitute, fillets (6 oz. each)
skin removed, cut into 1 1/2 to 2" pieces
1/2 cup milk
1 egg, beaten
1 tbsp. Water
1 cup seasoned bread crumbs
2 tbsp. Margarine or butter
2 tbsp. Peanut oil



1. Place fish in small mixing bowl. Pour milk over fish. Stir to coat. Cover with plastic wrap. Chill for 30 minutes. In another small mixing bowl, combine egg and water. Drain and discard milk from fish. Place fish in egg mixture. Stir to coat. Cover with plastic wrap and chill for 15 minutes.
2. Drain and discard egg mixture from fish. Place bread crumbs in shallow dish. Dredge fish in crumbs to coat.
3. In 10-inch skillet, heat margarine and oil over medium heat. Add fish. Fry for about 3 to 4 minutes, or until golden brown, turning over once. Drain on paper towel-lined plate.

MARCH 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Last Qtr. ☽	2 Club Meeting 7:00 PM Aptos Grange	3	4	5
6	7	8 New Moon ☽	9 Fly Tying Class-7 PM Aptos Grange	10	11 Goodwin	12 Lake Fishout
13 Goodwin Lake Fishout → Daylight Savings Time Begins	14	15 First Qtr. ☽	16 Board Meeting 7:00 PM Steele home	17 St. Patrick's Day	18	19
20 Newsletter Deadline ← Palm Sunday 1st day of Spring	21	22 Pyramid Lake Fishout	23 Full Moon ☽	24	25	26 Good Friday
27 Easter	28	29	30	31 Last Qtr. ☽		

APRIL 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 April Fool's Day	2
3	4	5	6 Club Meeting 7:00 PM Aptos Grange	7 New Moon ☽	8	9
10 Surf Fishout Rio Del Mar 6:30 AM	11	12	13 First Qtr. ☽	14 Fly Tying Class- 7PM Aptos Grange	15	16
17	18	19	20 Board Meeting 7:00 PM Steele home	21 Full Moon ☽	22 Earth Day Passover begins	23
24 Newsletter Deadline May 1 Roostercomb Ranch Fishout	25	26	27	28	29 Last Qtr. ☽ Roostercomb Fishout ←	30 Ranch

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