



NOVEMBER

2018

CLUB MEETING

Date: Wednesday, November 7th
Time: Open - 6:45 PM
 Meeting - 7:00 PM
Place: Aptos Grange, 2555 Mar Vista Dr., Aptos

Steelhead on the Swing: The Science Behind Success
Member Speaker: Rich Rubin

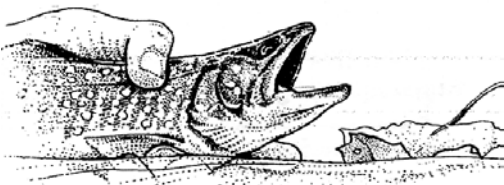


Choosing the correct sink tip, matching it with a proper sink rate fly and presenting it properly is the key to success. Line manufacturers' information doesn't reflect "on the water reality". Fortunately, the truth is out there and I'm going to share what I found as well as a little fluid dynamics, physics, and calculus (really, trust me on this!) that will lead to more successful fishing when swinging a fly to your next steelhead.

We are very lucky to have Rich as our resident expert on steelhead fishing, so come on out and hear what pearls of wisdom he is willing to impart, based on his vast fly fishing for steelhead experience. You'll be glad you did!

Bait for Thought

Grateful Meditation



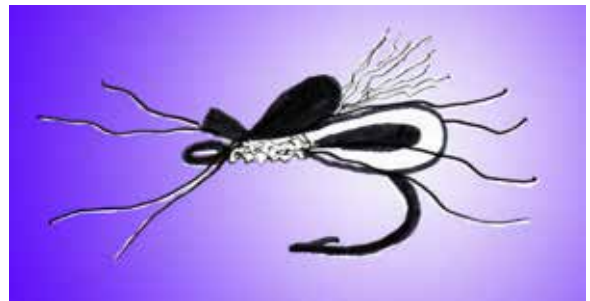
Fishing provides that connection with the whole living world. It gives you the opportunity of being totally immersed, turning back into yourself in a good way. A form of meditation, some form of communion with levels of yourself that are deeper than the ordinary self.

-Ted Hughes

FLY TYING CLASS

Date: Wednesday, November 14th
Time: Open - 6:45 p.m.
 Class - 7:00 p.m..
Place: Aptos Grange Hall, 2555 Mar Vista Dr., Aptos

The Spider
Instructors - Kathy Powers & Elaine Cook



This is a spectacular dry fly that has proven to be very effective throughout the West.

Bring your vise, tools, light,)and 6/0 black thread. Some tools and vises are available for novices, who are welcome and encouraged to attend. All materials except thread will be provided (some available for novices) and lots of friendly instruction. If you sign up and later find you are unable to attend, notice of cancellation is appreciated.

Sign up at the November Club meeting or call Kathy (728-4130) or Elaine (688-1561) at least 24 hours prior to the class.

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President's Line

They Got It!

By President Tom Hogue

Mona and I were at dinner the other chatting away when out of the blue she had this revelation that we've known each other and been married more than half as long as we've been alive. There was something about that, I guess. Not like a blissful ooey goey love story thing, but something altogether more. Like climbing a mountain! We laughed.

After 56 years I've realized my personality is a bit like a rollercoaster, flying high super excited and enthusiastic one minute, complaining, depressed and rolling full of anxiety the next. I do struggle with the down parts and don't particularly care for those. But overall, the dogged determination prevails. And casting a fly rod makes everything better - even if it's just throwing a line in the grass.

This month, I've seen more enthusiasm, more determination and more selfless acts of good from the Santa Cruz Fly Fishermen than I've seen in a long time. Your members turned out in concentrated efforts organizing and helping with activities all over the map. From the fishouts that John, Elaine, Steve and others put on, to the tireless, patience-growing teaching we've been doing with the CWC folks, to the Youth Day Event at the fairgrounds where a thousand (yes, a thousand!) kids and their parents got to participate in fly fishing. To the clean-up at Sycamore Grove, again, and the 10.20 Fly Fishing Clinic and the some sixty plus men, women and children who put a fly rod in their hand for the first time, tied a fly for the first time.

At the Youth Day event and CWC after-school program, we put fly rods in the hands of kids who might never have considered this. We saw faces light up and wonderment, when we told them they were good and they "got it." Then the disbelief when the kids put on waders and couldn't believe the water wouldn't get through. When Steve pretended to be a 14-pound steelhead for Israel and that excitement of landing the "big Rudzinski" poured out of that new fly fisher-it was priceless.

We saw the kids light up when we told them they didn't need to kill a fish, but could play it to hand, admire its beauty and let it go. Some, you could tell right away, and while I realized it might be years before they ever saw a fly rod again, or where fly fishing would come up in a conversation, when they realized that they could say, "I do that", or "I know how to fly fish,"

we were doing exactly what we were called to do. If you were a part of this, you know what I mean. You made a difference, you planted a seed in good soil, watered it, and you knew it was going to grow. I'm thinking of Brianna, who seemed the most unlikely person to pick up a fly rod or be a fly fisherman. Who seemed at first like she didn't get much encouragement from

anything in particular. But she "got it." In front of her brothers and her mom, she got it. In ten minutes, she was casting well. I was more excited than she was, and it rubbed off on her mom and brothers. I let her know that while she might not go fly fishing for some time, I told her that she was really good, and that forever, she'll be able to tell someone that she can do that, and do it well. That smile on her face was something altogether different.



She knew it and owned it. She got it.

Even just this past Saturday at the 3rd annual Fly Fishing Clinic (thank you, Alev, for your tireless organization) those who not only picked up a fly rod, and got it, were already professionals within other fisheries in rests, but didn't fish, didn't fly fish. Now they are well on their way, and were excited about it. You know who you are. Thank you. Thank you for taking your time to put your heart and soul into these kids, parents, and young adults who showed interest. Thank you for setting aside the aches and pains, your otherwise very busy schedule and for literally exhausting yourselves, bringing your very best to these newcomers, making it look easy and for being so genuinely encouraging.

I'm seeing the future of SCFF, the future of our fisheries, the environment, the health of the San Lorenzo, Soquel, Aptos, Pajaro and the rest. I'm seeing future members, board members, and Presidents.

There are a few more after school classes you can still participate in. Please take advantage of this opportunity and reach out to Alev or Kevin to join us. We do need your help-and it's just a couple of hours!

Watch for more fun, exciting and different things we're going to be doing together. Yes, we are a fly fishing club, but you might just find us at a bowling alley or in a tap room casting indoors, going where the youth of the world are, drawing them to us.

Rod Tips

Untangle the Tangle
Submitted by Elaine Cook

You have hooked a big fish who has taken out significant amounts of line. He is slowing down and instead of putting him on the reel, you are stripping line in which is piling up in your lap or stripping basket. Congrats, you successfully land your fish and release him. Now, how do you get that mess of line back on the reel without having a massive knot? Try picking up the pile of line and throw it high in the air allowing the line to land on the water. It will probably reel-up easily.



2018 Board of Directors

Officers

President	Tom Hogye	214-7578
Vice President	Kevin Murdock	688-4518
Treasurer	Jim Tolonen	475-8859
Secretary	Angela Johnson	(530) 320-3352

Committee Heads

Raffle Coordinator	Jeff Goyert	234-0033
Membership	Bob Peterson	251-8655
Fishouts	John Cook	688-1561
Programs	Jim Black	688-8174
Conservation	Dennis Davie	566-7447
News Editor	Kirk Mathew	724-6811
Webmaster	Pat Steele	476-0648
Fly Tying Master	Elaine Cook	688-1561
Annual Raffle	[POSITION UNFILLED]	
Marketing/Publicity	Michael McGannon	688-3025
Annual Benefit Coordinator	Petar Ilic	475-0268
Facilities Coordinator	Steven Rawson	583-9370
	Steve Rudzinski	462-4532

Ex Officio

Fly Casting Master	Sam Bishop	476-6451
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Members at Large

Kathy Powers	728-4130
Pablo Grabiell	562-652-3771

Board Meeting: The board meeting is usually held on the third Wednesday of the month at the home of John and Pat Steele, 331 Cabrillo Ave., Santa Cruz, t 7 PM. Club members will be notified of any changes of meeting dates and locations. Club members are all welcome and need to submit any agenda items to the President ahead of time

They Work for You

Secretary of the Interior Ryan Zinke

Department of the Interior
Washington, D.C. 20240
<http://www.doi.gov/index.html>

Senator Dianne Feinstein

1 Post St., #2450; <http://feinstein.senate.gov/public>
San Francisco, CA 94104

Senator Kamala Harris

Washington D.C.
112 Hart Senate Office Building, Washington, DC 20510
Phone (202) 224-3553

Anna Eschoo, 14th District Congresswoman

698 Emerson St.; annagram@mail.house.gov
Palo Alto, CA 94301 (650) 323-2984

Jimmy Panetta, 20th District US House of Representatives

228 Cannon House Office Building
Washington, DC 20515
Phone: 202-225-2861

Governor Jerry Brown

Capitol Bldg., 1st Floor
Sacramento, CA 95814-<http://gov.ca.gov/home.php>

Senator Bill Monning, Assembly Dist. 17

701 Ocean St., #318-A, Santa Cruz, CA 95060
(831) 425-0401; <http://sd17.senate.ca.gov>

Assemblyman Mark Stone (D-Monterey Bay)

701 Ocean St, #318b, Santa Cruz, CA - (831) 425-1503
<http://asmc.org/members/a29/>
(Assemblyman Stone is Chair of the California Environmental Caucus)



Fishout Schedule

The 2018 Schedule has run its course, there are no more fishouts scheduled for the remainder of the year, but consider being part of the fishouts for the coming year, 2019.

Fishouts are one of the most enjoyed activities our club offers. I highly recommend club members to attend and possibly organize one. If you are thinking of sponsoring a club fishout, please give me a call. Club fishouts can be structured in many ways from simple to involved. I will be glad to help you put one together. Call me, John Cook, at 688-1561.

MONTHLY RAFFLE

Get Ready for Steelhead Fishing
By Monthly Raffle Director Jeff Goyert

We are in for a treat this month, with Rich Rubin as our guest speaker, featuring him and Michael McGannon's adventures steelhead fishing in British Columbia; if this can't get us excited about steelhead fishing, nothing can!

What better way to get up for a trip to our northern rivers than a new Spey rod and reel. We have for a great raffle prize a 13 ft 6/7 weight 4-piece V-SPEY rod that includes a zipper top hard case and a large arbor die-cut aluminum NVC 7/8 reel. This is the perfect chance to get started in the world of Spey rod fishing. All you need to do is buy a raffle ticket!

Another great raffle prize is a digital camouflage Fishpond style sling pack. This number is filled with zipper pockets to stash all your gear needed for a day on the river or as a stylish carry bag for your next journey to Alaska.

How about a small two-sided, clear top, "O" ring sealed, floating fly box filled with a variety of flies! We all could use a few more flies and a box to put them; this raffle prize has your name on it!

DOOR PRIZE! EVERYBODY GETS A FREE TICKET! DOOR PRIZE!

We have all seen them, now you can win one! "catch and release wild trout" license plate frames. Let others know about your obsession; remember, it's only an addiction if you are trying to quit! Speaking of quitting, no need for quitting if you win a pair of these toasty warm "lucky fishing" socks. What could be better on a cold winter steelhead stream than a pair of super warm "lucky" fishing socks. These socks are over the calf with cushioned heel and toe. No need to quit, keep on fishing!

Catchy Releases

A Brief History of Catch and Release

From Outdoor California Magazine, a publication from the California State Fish and Wildlife Department

by Victor Johnson

Anglers around the world commonly practice the ethics of catch and release fishing. Throughout history, many anglers have claimed to be the “father” of the practice. These claims naturally lead to some confusion over how the practice began. The reality is that it has been an evolutionary concept that developed over hundreds of years. Some anglers have significantly advanced the practice of catch and release through their actions and writings. Others have simply learned the practice from watching their parents or friends and then passed it on to the next generation.

How did the practice of catch and release get from there to here? Historically, the right to fish goes back to Roman law. In the sixth century, the Byzantine Roman Emperor Justinian I ordered the codifying of Roman law. Under the resultant *Res Communes*, flowing water and the fish found within that water were public property. This meant people could fish where they wanted. This law made sense as many people were hungry and needed to fish in order to survive. The hobby of sport fishing and the practice of catch and release hadn't yet been conceived.

It might not be that surprising to learn there were complaints of overfishing by the 13th century. During this period, wealthy European landowners secured possession of most of the waterways through grants from their kings or just through seizure. This effectively took away the commoners' previous common law rights to fish. Sport fishing by wealthier people came into practice as time went on. The *1493 Heidelberg Fishing Tract* is among the earliest documents on recreational fishing. One version of it contains not only complete instructions on how and where to catch fish but also instructions on tying fly patterns.

It is arguable when the first written reference related to catch and release fly fishing occurred. One very early English book, the fifth edition of *The Complete Angler*, published in 1792, contained work by Izaak Walton and Charles Cotton. The portion of the book written by Cotton includes reference to releasing undersized fish so that they can grow to a more suitable size. As forward-thinking as Cotton's written advice proved, most people—especially in the lower classes—were without and education and largely illiterate. People who had access to lakes and waterways continued to keep the fish they caught. During the reign of King George II (1727-1760), the monarchy mandated minimum size limits and established fishing seasons. These regulations undoubtedly encouraged the release of smaller fish.

As fly fishing became more popular among a wealthier portion of society through the late 18th and 19th centuries, anglers began to release a portion of their catch. Influential citizens advocated that the true sportsman released all fish below the legal limits unless needed for food. Among those pushing for a catch and release renowned chemist and inventor Sir Humphry Davy—the man who experimented with nitrous oxide and nicknamed it laughing gas—published *Salmonia* (1828). This book has been called a fly-fisherman's bible.

A generation later, the wealthy and influential British angler and fly-fishing author Frederic Halford published *Floating Flies and How to Dress Them* in 1886, the first of his seven books on fishing. Halford achieved particular fame as a promoter of only fishing with dry flies. Recognition of his works has labeled him as the “father of modern dry fly fishing.”

The average angler of this era was slow to adopt catch and release. Fortunately, Lord Baden-Powell came along at this time. Baden-Powell served as a lieutenant general in the British



Army and an avid dry fly fisherman. He and an undermanned British force successfully held the town of Mafeking in South Africa against the Boers for 217 days between 1899 and 1900. That made him a national hero.

Baden-Powell published *Scouting for Boys* in 1908, which led to the founding of The Boy Scouts Association. The Scout movement grew very rapidly and took hold in the United States in 1910. Baden-Powell emphasized the need for catch and release wherever he fished. His personal message and active participation resulted in the philosophy carried into the Scouts all over the world.

At the same time, fly fishermen in United Kingdom and Ireland finally embraced the rationale of catch and release that had been promoted for decades and also developed a voluntary ethic of releasing most or all coarse fish. Coarse fish are non-game freshwater fish, felt to be less desirable for eating. This practice also spread to neighboring anglers in Europe.

Throughout the 19th century, millions of immigrants traveled to the United States. Those who knew how to fish turned there as a means to put food on their table. The government of this young country followed the basic philosophy of the old Roman law when it came to public ownership of fish and game. Even so, there was often widespread over-harvesting. *The New York Times* reported in 1888 that three anglers in New York caught about 800 trout in three days from the Salmon River. Still, a fair number of anglers recognized the value of returning part of their catch to the waters so as not to damage the fishery. Arguably, the earliest of these initial conservationists was Thaddeus Norris, a man so respected by generations after him that they referred to him as Uncle Thad. In his 1864 work, *The American Angler's Book*, Norris' provided anglers in North America with detailed coverage of fishing in the states. *The New York Times* praised the work as encyclopedic as it includes tackle, techniques, target species and the best fishing locations—in the mid-1880's. It was the first significant American work to cover aspects of fly-fishing. His ideas around what was considered then the gentleman sport of fishing was decades ahead of its time, before the term “catch and release” was invented. Unfortunately, the times of the American Civil War from 1861 to 1865, and the years following, the idea of protecting fisheries received little widespread attention. It wasn't until after the turn of the century that the conservation movement enjoyed a period in the spotlight, primarily through the efforts of influential fishing authors like

cont'd. on p. 5...

...Catchy Releases - cont'd. from p. 4

Zane Grey and Roderick Haig-Brown. That time in the spotlight dimmed with the onset of the Great Depression. At its worst, from 1929 to 1939, the idea of catch and release stalled under the weight of a nation trying to feed itself.

As the country struggled to regain its economic balance, fly fishermen like Don Martinez and Lee Wulff began their advocacy for catch and release. Martinez was one of the founders in 1922 of the Izaak Walton League, an American environmental organization. Between 1932 and 1943, he was a professional fly tier, guide and seasonal fly shop owner in West Yellowstone, Montana. His job brought him in contact with prominent fishing writers, magazine editors and other people influential in the sport. The mentality of the time was that anyone who caught and released fish—especially big fish—was showing off or possibly a little eccentric. Martinez rejected that mindset, and with his large-circulation newsletter, he became an important advocate of catch and release. “It is harder to put back a good fish than it is to catch it, but returning good fish can be made a habit like anything else,” he was fond of saying. “Some of the best fishermen do not carry a basket or net, releasing their fish except for an occasional very large specimen.”

Wulff was another well-known angler who had earned a high level of credibility among fly fishermen. He noted in his 1939, *Handbook of Freshwater Fishing*, of the shift in what to do after having caught a fish. He called for anglers to release their catch. “Return them to the water in order that they may furnish sport again for a brother angler,” Wulff wrote. “Game fish are too valuable to be

caught only once.” The phrase is still commonly used today.

A 1952 magazine article in *Sports Afield* by Albert Hazzard provided another boost for catch and release proponents. Hazzard taught at the Institute of Fisheries Research at the University of Michigan. His article argued that taking truckloads of hatchery trout and dumping them into a trout stream was damaging the natural trout population. Hazzard promoted fishing for fun, known today as catch and release. Art Neumann of Michigan—a fly rod maker and rod repairer—read the Hazzard article and became a vocal advocate for the fishing for fun philosophy. Other influential Michigan sportsmen, such as George Mason, George Griffith and others, joined Neumann to form Trout Unlimited in 1959. The non-profit organization is dedicated to the conservation of freshwater streams, rivers and associated upland habitats for trout, salmon, other aquatic species and people. What started in Michigan is today a national organization with more than 150,000 volunteers organized into about 400 chapters from Maine to Alaska. Neumann co-authored the philosophy of the organization: “It’s fishing for the sport rather than food where true enjoyment of the sport lies in the challenge, the love and the battle of wits, not necessarily the full creel. It’s the feeling of satisfaction that comes from limiting your kill instead of killing your limit.” The founding of Trout Unlimited and its catch and release philosophy was the culmination of many anglers’ collective thoughts and actions over hundreds of years. The idea of catch and release continues to spread as anglers, and organizations like Trout Unlimited throughout the world embrace the best practices employed by angling conservationists.

- *Outdoor California* - Vol. 79 No. 3, May-June 2018 issue

GEARING UP

Pyramid Lake Fishout-Mar. 24th-30th, 2019

Fishmaster: Mike White - (831) 706-5556

The Pyramid Lake fishout is one of the best-attended fishouts the club has, and for a good reason. Large fish cruise parallel to the shore in easy casting distance from shore. Cost for the week including meals and lodging and is around \$300+ per person depending on the number in attendance. You need not fish all six days as there may be openings (usually later in the week.) Contact Mike for more details (831) 706-5556, to check on openings, or be put on a waiting list. First come first served.

You can also make your own arrangements either by bringing your own RV (Crosby’s Lodge has hook-ups and sells permits to park on the any of the beaches along the lake) or staying in Reno. Reno is 45 minutes away. Call Crosby’s lodge to inquire about last minute cancellations in their cabins as well (775) 476-0400 and check out their website to see what the cabins look like at www.crosbylodge.com. The General Store in Sutcliff offers meals on selected nights only to those who call in before 2:00 PM. Check at the General Store for details.

Equipment: 6-9 weight rods with hi-speed, hi-D shooting heads or fast sink integrated lines to fish the bottom in 6 to 9 feet of water, and a floating line for indicator fishing. You should bring a stripping basket and a ladder that will accommodate it. A ladder helps to get you up out of the cold water and enable you to cast out to where the fish are. You can still catch fish without one but not with near as much consistency.

Flies: Woolly buggers in black, white, purple, olive, midge, caddis and mayfly nymphs to name a few. If as in years past the Confab in February is offering the opportunity to see how some of the best Pyramid patterns are made plan to attend and bring a vise and tie some yourself. Flies may also available from club member Jim Hall

who ties some very good flies specific to Pyramid cutthroat as well as other species at reasonable cost. His number is (831) 713-6835. There is a general store with provisions as well as tackle and an assortment of flies.

How to get there: Take US 80 to Reno-Sparks, take the Pyramid Blvd. off ramp and go north about 35 miles. Crosby Lodge is at Sutcliff, near the Ranger Station.



If you have any questions about equipment or how to get there, check the “Gearing up” columns in the March 2007-2009 archives on our great club website, or call Mike White at (831) 706-5556.

If you are considering going to Pyramid again this year with the club and you have not already done so, please contact the person who is booking the trailer you stayed in last year. Trailer-masters, if your trailer has gaps or cancellations, you can call Mike so he can pass the names of members who don’t have lodging

to fill the empty spots.

Fishing, Camping, and New Ladder Regulation:

Fishing and camping permits can be purchased online prior to the fish-out. We would highly recommend doing this. Go to www.plpt.nsn.us to obtain your licenses. There is also an RV Park available at (775) 476-1155.

As with any great fishery there are always a long list of rules and regulations. We would recommend you review them on the website above. Suffice to say those of us who have been going to Pyramid Lake for many years are a good source of information as well. We will help inform and guide all newcomers.

GONE FISHING

The Crowley Lake Story By Steve Rudzinski

This was only the second time I visited this lake, and had done some homework prior to the trip which paid off with some of the largest trout I ever landed.

John and Elaine, "The Cooks" came through again (my first time I signed up), The planning it takes, all the phone calls and emails involved with the logistics could/must be maddening.

We shared two condos which were second or third homes for some well-connected family and worked out shared cooking and cleaning and shopping to take the strain off one or two individuals. (I gained 5 lbs.). Other than the high-altitude sleeping difficulty and an overuse of the word, "literally", it was a great destination and it occurred during the height of the Kavanaugh hearings which clearly separated the fishermen into two distinct groups of opinion. Yikes.

Those headed that way are best served to ask at the fly shop in Mammoth for small balanced punk perch fly and or midges in sizes from #10 - #20 (white bead head or copper and wine-colored body or grey worked for me). It is imperative that you use a float tube and if "bobber-cating", try to find a sunken river channel and measure the depth using an alligator clip/weight to the fly and using a sliding bobber/indicator and setting it to only a few inches under the surface. When you take off the clip, the fly will suspend just over the bottom. fish right there, back away a few feet, all you need to do, the fish will not see you right



above them in 12" of green water. A second fly a foot or two above that on a dropper; you can use the punk perch or the other way around. The fish seem to stay down on the bottom.

Most of my fish were taken while kicking and twitching a leech pattern from a fairly fast sinking line (JT-11 or lighter) I found that I would be getting weeds and sticks which meant I was down on the bottom of just above, use a shorter length leader (6' or less), 8 lb. test Fluorocarbon was enough for me. When I was away from the trout, I was catching Sacramento Perch of a fairly good size. (15"). You know pretty soon you don't have a trout as they "give it up" quickly. I always hear about losing fish because of a bad knot. One of the guides who came to our club meeting one year, said that a simple clinch knot (6 twists and back through the loop one timed and cinch till it clicks, you can hear it and or feel it snap tight. That knot never comes undone like the improved clinch knots some people use instead. (good on Mono line, not Fluorocarbon).

I went to catch some big fish and did not explore the small streams with small fish as some others in the group. I was pretty content on the float tube expecting a new lake record fish.

Peace, Steve Rudzinski "Stosh"

PS: I also had my closest encounter with mamma bear and two cubs at Lake Mary.

Gone Fishing - Mammoth Thoughts

Beautiful scenery, great kinship with the group. I fished very consistently (as in consistently bad). Thank you, John and Elaine, for all your efforts. It was very enjoyable - *Andy Glucs*

Mammoth Lakes fishery has been wiped out! - *Rich Hughes*

First time for this dedicated tent camper to join the "condo crews" in Mammoth. No campfires, smelling like smoke and shower deprivation, including a five-day-old beard. I came for record size fish and my wish came true with multiple lunkers daily. The altitude kept me awake night was my only complaint, other than the overuse of the word "literally." - *Steve Rudzinski*

Hot Creek, hot weather, hot food, hot fishing. -*Mark Teague*

The wide variety of fishing opportunities, the beautiful surroundings, nice folks, moving up from couch to hide-a-bed to having my own condo. - *Kirk Mathew*

It was a real pleasure this year to help three budding fishers and see them successfully catch fish. Wishing more tight lines to David Marks, Jeff Gose, and Liz Plummer - *Elaine Cook*

I had a great time. Good camaraderie, good food, great fishing for ginormous trout on Crowley Lake. This was my fourth trip and certainly won't be my last. I think I enjoy this fishout more each time I go. - *Dave Moore*

My first time at Mammoth with the SCFF. Great, beautiful location, nice accommodations, John and Elaine were excellent hosts, other members were congenial crew. Had a great time fishing creeks like McGee and Owens Gorge with John. Will definitely come back if Dan (30 fish in one day) leave any fish for the rest of us. - *Dave South*

On October 4, I caught 34 fish on Crowley Lake. This was my best day ever on lake or river. Most fish all ranged from about 14" to 28". Big fish! - *Dan Smith*

It's been an honor to fish/camp/eat/and chat with everyone. Safe drive home everyone! - *Steve "Stosh" Rudzinski*



GONE FISHING

O'Neill Forebay Fishout

By *Steve Rudzinski*

We had a great turnout this year, Saw at least 12 or 13 vehicles around the camp. Just about everyone caught fish, some more than others as there were great days and not so great. The winds came up hard on Saturday afternoon through Sunday when we broke camp.

The hounding of the California Water Board and Fish and Wildlife led to great weed beds and more feeding fish this year. A few more legal sized fish and some over 20" came in along with many smaller fish. If the conditions stay like this throughout 2019, we should have even a better year next October.

Thanks to all who attended, camping and sitting around a great campfire sharing stories and laughing out loud all highly therapeutic. Will see some of you at the Pyramid Lake fishout.



Reel News

Castroville Rotary Club and the Monterey Bay Salmon and Trout Project Present:

The 41st Annual Albacore Feed

Saturday, November 10th, 2018

Door Prizes, Silent Auction and Project Demonstrations

No Host Cocktails at 6:00-7:00 PM - Dinner at 7:00 PM

Castroville Recreation Center

11261 Crane St., Castroville, CA

Dinner Tickets - \$20 (kids 12 and under-\$10) Tickets available at the door

* Young At Heart Veteran's Day Celebration - Nov. 11th - 2-5 PM - Verge Restaurant, 140 South Santa Cruz Ave., Los Gatos

Join us in support of the Young At Heart musicians, who have been uplifting the spirits of seniors with the music of their era for over 30 years. Enjoy wine, beer and appetizers, a silent auction and music! Tickets are \$50, www.youngatheart.org, 408-446-0402, yahproj@aol.com, or contact Sam Bishop, sambishop@totlcom.com, 831-274-4024.

* 19th Annual Environmental Town Hall Meeting - Nov. 17th, 1-3 PM - Felton Community Hall, 6191 Hwy 9, Felton Sponsored by the Valley Womens's Club and the San Lorenzo Valley Water District

The entire community is invited to attend this free event, featuring an update on important state environmental issues, from special guest California State Assembly Member Mark Stone. Twenty community and government agencies will exhibit information about efforts to protect and preserve natural resources and offer solutions and resources for our community. The event will be plastic-free and offer complimentary refreshments. The

Santa Cruz Fly Fishermen will participate in this event, and our members are strongly encouraged to attend.

* The 2019 January Club Slide Show

Every year in January, we are treated to a slide show composed of photos we have taken of our many fishing exploits and other club activities, so in keeping with that tradition, it's time to turn in any and all photos you have taken on club fishouts or fishing trips you've taken on your own to Rich Rubin, at richr@cruzio.com, and Michael McGannon, michaelmcgannon@comcast.net. They need your photos no later than December 15th, so cull through your digital media and get those pictures sent to them ASAP!

* The John Steele Award

What is the John Steele Award, you may ask? It's a \$200 prize, given to the member of the club who has exhibited the characteristics that best exemplify the spirit of the Santa Cruz Fly Fishermen. Those characteristics are embodied in our club motto: "To promote, educate and enjoy the sport of fly fishing." The decision of whom receives the prize is up to a popular vote by members, and ballot slips are deposited in a special box that is present at club meetings. If you have ever had someone pay you a special kindness, such as telling you of a great place to fish, giving you a fly that is guaranteed to be a fish magnet, coaching you on technique, sharing a book with you about fly patterns, or helping you tie your own flies, vote for him or her. In short, vote for that special someone who has promoted fly fishing for you, taught you something new, and/or helped you enjoy your fly fishing experience. You can vote for more than one person, and we hope you do, because we all should be helpful to one another!

MEMBERSHIP NOTES

Membership Update

By *Membership Director Bob Peterson*

The good news is that we have 172 current paid members as of 10/21/2018. The 2019 membership /annual dinner forms will be in the mail Friday, Oct 26th with no increase in annual rates.

Membership can be paid by check in the enclosed stamped envelope or paid at the November/ Dec/ Jan meetings by check/Visa. The waiver is now a one-time form that will be on file for the future.

A new line item has been added for a donation for conservation, or student scholarship. If the average donation is \$5, an \$800 award could be generated. Thank you for your continued support.

LifeLines

Float Tube Safety

From <https://gbflycasters.org/float-tube-safety/>

You should always get your safety gear ready before you attempt float tube fly-fishing. Familiarize yourself with casting from shore or in an open field before you get in your float tube with your fly rod. Although it's important to make sure that your tube is filled properly with air (a float tube bladder should be inflated enough to remove most of the wrinkles in the nylon cover. If inflated properly, the tube should be very firm, with less than 1/2 inch give with a thumb press. Properly inflated tubes will keep you higher out of the water, causing less drag on the float, and making it faster and easier to paddle around), it's just as important to not over inflate your tube. You could burst the tube's zippers and the seams of the bladder or even the nylon shell. Also, do not travel with float tubes fully inflated in the back of a truck since a rise in elevation or a period of time in direct sun will cause over inflation if not much worse.

Also, be mindful of your personal weight relative to the maximum weight limit stated in the specs of the tube you may be about to purchase. Float tubes are not a one-size-fits-all item. For larger fellows, the Outcast Super Fat Cat is worth a look, if not a pontoon boat. If you are budget minded and see the (very) old style "donut" type tube on Craigslist or a swap meet, move on. You will not find this flotation device satisfactory in terms of both safety and elevation in the water, plus they are near impossible to get into or out of.

Personal Safety Equipment - Eye protection: Sunglasses are a must. Polarized sunglasses are recommended and available at most fishing stores. They greatly assist in personal protection along with reducing the glare from the water surface allowing for increased sight fishing opportunities. The National Society to Prevent Blindness reports almost 40,000 eye related injuries were due to sports and recreational products.

Polarized Lenses: These lenses are a must for anyone on the water. Glare manifests itself in what is called polarized light. Glare increases on surfaces such as water and snow. This creates distracting blurs. Polarized lenses absorb 98% of the glare so you won't need to squint. These lenses are great for fishermen who fish in shallow water, letting you see the bottom and the fish a whole lot clearer.

Lens Material: Since fishing is not a high-risk sport, any lens material can be used.

Lens Color: The color of lens you choose will depend on when you prefer to fish. For early mornings or late evenings, a rose-colored lens is recommended. A brown lens is best for midday and offers the most protection from the sun.

Prescription Lenses: Polarized lenses are available in most prescriptions, ask your optometrist for more information.

Hat: Headwear provides protection from misplaced casts on windy days. I have frequently taken hooks out of my cap rather than my head and I'm not the best-looking guy to start with so this helps. Your hat will also offer shade from the sun. When you are low to the water in a float tube, the sun seems to find a way to burn

your eyes at the best of times. A hat that protects both your neck and face is ideal.

Float tube repair kit: Note: vinyl vs. rubber tube info below may be somewhat dated and not applicable for newer float tubes. Nothing can make a trip one or two hours from home more pointless than a flat with no way to repair it. A standard tire repair kit will work for those that have replaced their vinyl bladder with a tire tube. Personally, I have never used mine but I am very thankful it's there. For those using the vinyl tube, keep the repair kit that came with your tube in one of your pockets. If possible, I recommend switching to a rubber inner tube. Ask the manufacturer what rubber inner tube they recommend for your model.

For vinyl bladder users, it may be smart to purchase an extra bladder right when you buy your tube. Sometime down the road you might not be able to find a replacement.

All float tube users should have a valve tool kit so they can quickly release the air from their tubes when finished for the day. This will save you a lot of time as it only takes minutes to remove the air from a tube without the valve stem in the tube. Keep an extra valve stem or two sealed in a plastic bag and stored in one of the pockets. They are very small and seem to get lost the second they hit the ground.

Personal flotation device (PFD): A PFD, life jacket or inflatable fish-

ing vest is perfect and a must. A large hole in your tube will have you swimming rather quickly.

It could save your life if you are in the middle of the lake and for some unforeseen reason, you have an accident. You do have sharp objects near a plastic flotation craft.

First Aid Kit: A small first aid kit (\$10.00 at a tire shop or Wal-Mart is perfect). I have mine in a plastic bag to prevent moisture and water from damaging the contents. Chances are at some time you will need it either for yourself or someone else you are fishing with.

Distance from Shore: Something to think about while you are on the water: If for some reason your tube was to deflate, have you already thought about how to exit your tube and paddle in while you are losing air? Plan accordingly when you are fishing alone. I find most of my fish in 12 – 16 feet of water and that's not very far from shore in most lakes. Rather than cross the middle of the lake when fishing alone, a trip around the shoreline is a lot safer and is usually the most productive for trout fishing anyway.

Additional Float Tube Safety Tips: Get a whistle for attracting attention if you get into trouble or alerting the boater that you are in front of his bow. Better yet, I purchased a very small air horn at Wal-Mart and it works great for getting attention. Pick up a pair of headset walkie-talkies so you can keep in touch with each other. Armor your tube. Tree branches and even spines on the fish can puncture your tube. Use some carpet runner plastic on the inside between the outer covering and the tube. Very strong, but thin enough to allow for proper inflation.



FLY OF THE MONTH

The Mole Fly
Submitted by Elaine Cook

This very easy to tie fly imitates an emerging midge or Mayfly trying to free itself from its nymphal shuck while in the surface film. The entire back half of the fly sinks below the surface and the CDC remains above. Be sure to dress ONLY the CDC with Frog Fanny or other brand of silicon powder. NEVER use any moist brand of fly dressing. Frequent use of Frog Fanny during fishing is necessary especially after catching a fish.

Hook: TMC 2487, TFS 2487, or Dai-Riki 125, sizes 16-22
Thread: Olive 6/0
Wing: CDC (adjust amount to size of hook) for a size 20 hook, 1 CDC puff or 2 regular CDC feathers, a light color like pale yellow, white, or light dun
Body: Brown beaver dubbing. (Note: fur sinks while synthetic dubbing doesn't)



1. Crimp barb.
2. Attach thread behind eye and leave hanging one eye length behind eye.
3. Stack regular CDC feathers or use puff. Position on top of shank with tips forward extending about hook length beyond eye.
4. Bind feather with 2 wraps. If too long, pull to shorten to hook length. Secure to top of shank back to above hook point. Cut butt ends at an angle. NOTE: Save remainder of feather for other flies.
5. Using a very small amount of fur, pull out guard hairs. Apply hair to thread leaving enough bare thread to wrap thread well down hook bend.
6. Wrap bare thread down hook bend then dub forward to CDC. A slight taper is fine.
7. Pull CDC backward, make a couple thread wraps in front of it.
8. Whip finish, cut thread.

RECIPE OF THE MONTH

Corn and Crab Bisque
From www.allrecipes.com

Ingredients:

1/4 cup butter	3/4 cup onion, chopped
3 (14 ounce) cans chicken broth	3 cloves garlic
2 bay leaves	1/2 tsp. cayenne pepper
1 tsp. Cajun seasoning	salt and pepper to taste
4 ears corn, kernels cut from cob	1/2 cup half-and-half
3 tblsp. all-purpose flour	1/2 cup milk
16 ounces fresh lump crabmeat	



Directions:

1. Heat butter in a large pot over medium heat. Stir in onion; cook until soft and translucent. Pour in chicken broth, and bring to a boil. 2. Stir in garlic, bay leaves, cayenne pepper, Cajun seasoning, salt, and pepper. Stir corn into boiling broth. Simmer about 10 minutes. Reduce heat to medium low.
3. Remove 1 cup of soup, and set aside to cool slightly. Then pour into a food processor. Pour in half-and-half. Puree for 30 to 45 seconds, and set aside.
4. In a small bowl, stir together flour and milk. Slowly stir into simmering soup. Stirring constantly, simmer for 1 to 2 minutes. Then stir in pureed mixture.
5. Reduce heat to low, stir in crab meat, and cook until warmed through, about 5 minutes

Cast of Thousands

Claim Lost Item:

Left behind at Mammoth Fishout

If you are missing a pair of tan slacks, call Elaine and John Cook, at 688-1561

For Sale:

Women's 3 mm Stockingfoot Neoprene Waders

Size Medium

Brand new, still in box

\$35 - call Bill Seaman at (831) 818-5612, or e-mail billage@comcast.net



NOVEMBER 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4 DST Ends	5	6 Election Day	7 <i>NewMoon</i> ● Club Meeting 7 PM Aptos Grange	8	9	10 MBSTP Albacore Feed-6PM Castroville Rec. Ctr.
11 Veterans' Day	12	13	14 Fly Tying 7 PM Aptos Grange	15 <i>1st Qtr</i> ☾	16	17 Environmental Town Hall Mtg. 1-3 PM Felton Community Hall
18	19	20	21	22 Thanksgiving Day	23 <i>FullMoon</i> ●	24
25	26	27	28	29	30 <i>Last Qtr</i> ☾	



FIN FLUTTER